



# PANTHER PRIDE



ROCHELLE ANGLEY, SUPERINTENDENT/PRINCIPAL

## Congratulations to the Class of 2022!

Arizona State University, Baylor University, Berry College, Biola University, Blinn College, Boise State University, Boston University, Bradley University, Brigham Young University, Butte College, Cal Poly, Pomona, Cal Poly, San Luis Obispo, Carroll College, Case Western University, Chapman University, Clemson University, Colorado School of Mines, Creighton University, CSU Channel Islands, CSU Chico, CSU Dominguez Hills, CSU Fresno, CSU Fullerton, CSU Humboldt, CSU Long Beach, CSU Los Angeles, CSU Monterey Bay, CSU Northridge, CSU Sacramento, CSU San Bernardino, CSU San Diego, CSU San Francisco, CSU San Jose, CSU San Marcos, CSU Sonoma, University of Colorado Boulder, Cuesta College, Dixie State University, Doane University, Drake University, Eastern Washington University, Embry-Riddle Aeronautical University, Feather River College, Florida Tech University, George Fox University, Gonzaga University, Grand Canyon University, Hawaii Pacific University, Jacksonville University, Lewis & Clark University, Lindenwood University, Louisiana State University, Loyola Marymount University, McPherson College, Michigan State University, Montana State University, Northern Arizona University, New York University, North Carolina State University, Northwest University, Oregon Institute of Technology, Oregon State University, Pacific University, Pepperdine University, Point Loma University, Purdue University, Rensselaer Polytechnic Institute, Saint Mary's College of California, Santa Clara University, Seattle Pacific University, Shasta College, Simpson University, Soka University of America, Southern Oregon University, Southern Utah University, Texas A&M, Tulane University, UC Davis, UC Irvine, UC Merced, UC Riverside, UC San Diego, UC Santa Barbara, UC Santa Cruz, UCLA, United States Navy, University Nevada, Las Vegas, University Nevada, Reno, University of Akron, University of Arizona, University of Kentucky, University of LaVerne, University of Montana, University of Oklahoma, University of Oregon, University of Portland, University of San Diego, University of San Francisco, University of South Carolina, Columbia, University of Tennessee, Knoxville, University of Utah, University of Vermont, University of Washington, University of Wyoming, University Texas, Austin, Vanguard University, Virginia Tech, Washington State University, Western Oregon University, Wheaton College, Worcester Polytechnic Institute

On Thursday, May 26th, and Friday, May 27th, University Preparatory School was proud and honored to celebrate the graduation of 159 eighth grade students and 102 seniors. Both ceremonies were held in the beautiful Gilmore Stadium on the U-Prep campus.

U-Prep wishes the best of luck to all of its' graduates and their families.

## DATES TO REMEMBER

Summer Office Hours (9-2, M-Th)	May 31-Aug 8
Sports Physical Night	June 2
8th Grade East Coast Trip	June 5-1
Basketball Camp	June 20-23
Volleyball Camp	June 27-30
<b>Dance Team to St. Mary's</b>	July 22-25
Yearbook Camp	July 25-29
Arena Day (tentative)	Aug. 10
6th Grade Orientation	Aug. 11
Link Crew	Aug. 11
Staff Work Day	Aug. 12
Staff Development Day	Aug. 15
First Day of School	Aug. 17
Fall Musical Auditions	Aug. 18-19
Popsicle Social	Aug. 19
Welcome Back Dance	Aug. 19
Early Release Day	Aug. 22
School Picture Day	Aug. 25
Academic Awards	Aug. 25



# ALUMNI PRIDE!

It is a U-Prep tradition for alumni to deliver a speech for the high school graduates. This year, U-Prep was fortunate to host class of 2012 alum, Lyndsey Lervold. Lyndsey graduated **from CSU Chico with a Bachelor's degree in Kinesiology and a single subject teaching credential in Physical Education.** She has been a part of the U-Prep staff for the past two years as a long-term substitute. Thank you to Lyndsey for generously sharing your knowledge and **experience with this year's graduating class!**



### Graduation Program Art

Each year, Ms. Wilhelm's senior art students contribute their art to the high school graduation program. Ms. Wilhelm gathers the student's art and then painstakingly creates a collage from the individual pieces.

*This year's artists are: Mariposa Duran,*

*Dominic Rodriguez, Brooklyn Schneider, Camdyn Soderwall,*

*Christine Hetrick, and Karley Tioran*

## Mission & Vision

University Preparatory School is an educational community invested in developing confident, capable, and compassionate citizens; its mission to immerse all students "in rigorous academics and meaningful extra-curricular activities" is supported by a collaborative and close-knit community of staff,

students and parents and is based upon educational research and professional experience. The faculty and staff work together to provide students with many opportunities to excel academically and develop their potential as educated leaders and citizens in the 21st century through a rich and varied extra-curricular program. This vision is supported by offering a seven- period day to students from grades 6 through 12 so that they may pursue academic interests, such as studying multiple world languages or continue their development in the arts, including dance, drama, art, and music. The objective of this mission is to enable all students to become self-motivated, competent, and lifelong learners.



Congratulations to the students and staff of U-Prep!  
<https://www.usnews.com/education/best-high-schools/articles/us-news-ranks-best-high-schools>

<https://www.usnews.com/education/best-high-schools/california/districts/university-preparatory-district/university-preparatory-272635>

National Rankings #302 #471(2021)

California High Schools #37 #63 (2021)

Redding, CA Metro Area High Schools #1 #1 (2021)

Charter High Schools #74 #102 (2021)

# STUDENTS OF THE QUARTER

## JUNIOR HIGH SCHOOL 4th QUARTER AWARDS



ROW 1: Shaylyn Russell, Bryson Smith, Nolan Rickey, Claire Pohlmeyer, Chloe Lynch, Landon Mock

ROW 2: Joshua Raftery, Isabella Ramos, Emma Pearson, Joshua Kim, Madilynn Johnston, Lucas Heinzen

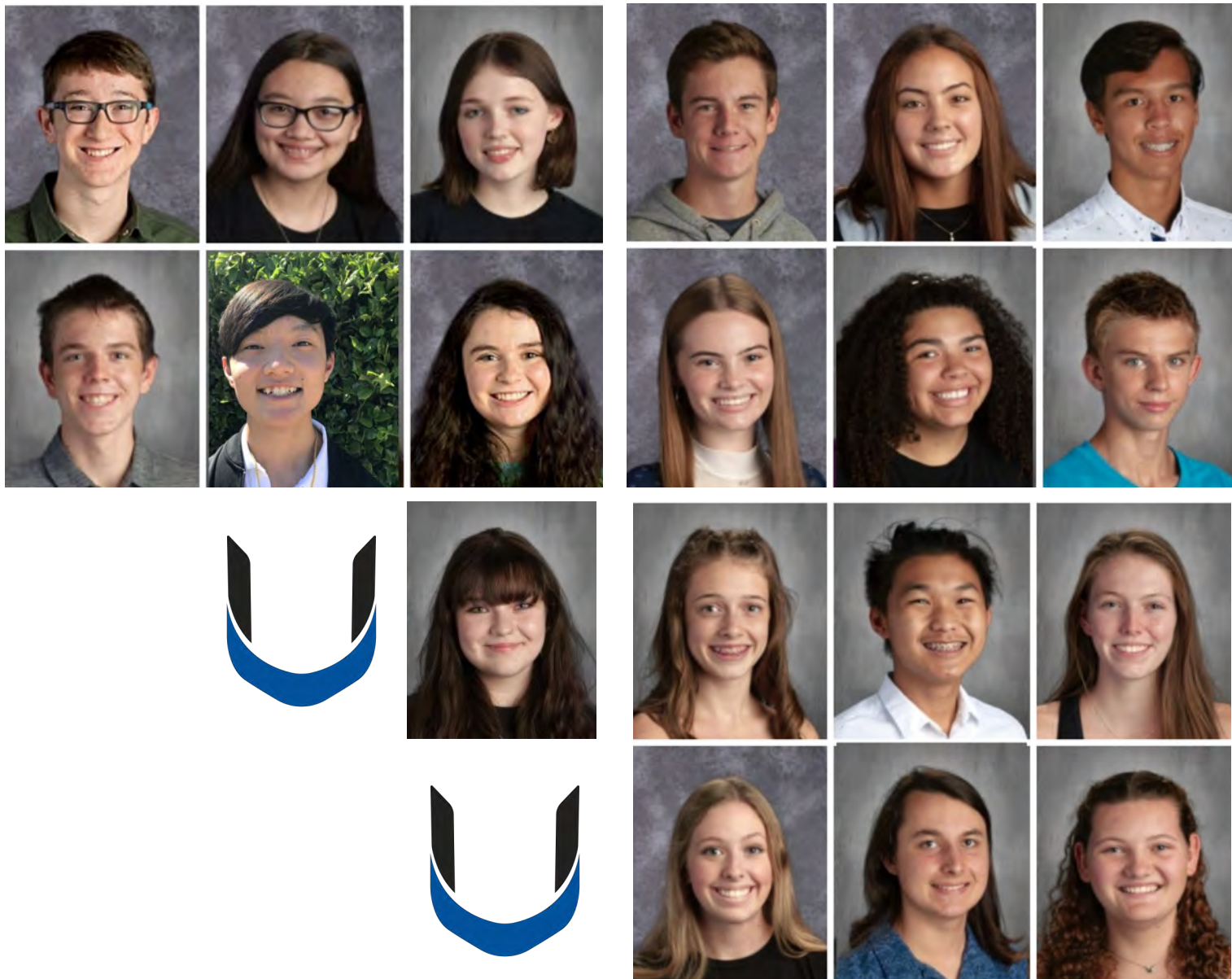
ROW 3: Connor Graham, Claire DeCamp, Harsaroop Dhillon, Amyah Tioran, Gracie Waldrop, Sara Tyson

ROW 4: Moss Bolin, Alejandro Calderon Oliver, Carter Tyler, Grace Sudbery, Alexis Temple



# STUDENTS OF THE QUARTER

HIGH SCHOOL 4th QUARTER AWARDS



ROW 1: Chase Loughmiller, Erika McCluskey, Nancy Lauerman, Sawyer Bonnin, Ashlee Kraft, Ian Hancock

ROW 2: Josiah McCormick, Nathan Lor, Eva Hecht, Delaney Denham, Naomi Hand, Jace Dodson

ROW 3: Jessica Benton, Leighla Spoon, Alex Yang, Merrin McCormick

ROW 4: Mallory McFall, Jason Pendergast, Sydney Schneider

# VAPA

**VISUAL AND PERFORMING ARTS**

**BRAD FOWERS - DEPARTMENT CHAIR  
BAND & CHOIR**

**ELIZABETH JOHNSON - PERCUSSION & STRINGS**

**MARISSA KINNEAVY - DANCE**

**LURA WILHELM - VISUAL ARTS**

**ROMNEY CLEMENTS - MUSICAL DIRECTOR**

## VISUAL ART NEWS

Congratulations to U-Prep senior art student Christine Hetrick upon her acceptance into the CSSSA (California State Summer School for the Arts). The admission process is highly competitive; in 2019 fewer than half of all applicants were accepted. Christine was awarded a scholarship for the Visual Arts Program.

<https://www.csssa.ca.gov/academic-programs/visual-arts/>

U-Prep alumna (class of 2020) Jaden Ji won the ASUCLA Art in the Union art competition at UCLA.

<https://www.asucla.ucla.edu/aitu/>

## DANCE TEAM NEWS

The U-Prep Dance Department loves recognizing the seniors at their Spring Showcase. This year, the dance department had 7 seniors, 4 of them being in the dance department since 6th grade! We wish them all the best in their next adventures.

The U-Prep Dance Team finished their competition season strong. Bringing home more awards, both as a team and as individual dancers, than any other year. Cash awards, prestigious internships offered, being named Studio of the Year, and having a few Dancer of the Year titles, are just a few of this season's accomplishments. Way to go U-Prep Dance Team!!



## STRINGS & DRUM CORPS

Mrs. Elizabeth Johnson's music students wrapped up the year with their biannual (restored!) weekend trip to the Bay Area for roller coaster and beach fun at Great America and the Santa Cruz Boardwalk. Their year-end concert celebrated a year that included the Fall Festival, football game and rally performances, Celebration of the Arts and the competition festival at Shasta College.







HS Student Government is always busy in May. While we attempt to say goodbye to our departing seniors, we also host elections and interviews for next year's class, and at the same time wish to finish out the year on a positive note with activities. And it went fabulously. Thanks to the hard work of our Student Government class, we were able to host a fantastic late "80s Sadies" dance on May 13th, replete with black lights and tons of neon, and pull off an enthusiastic Day on the Green May 20th, with Netsound on the music, Astro-Events with the inflatable obstacle course and dunk tank, and cold refreshments available thanks to Kona Ice and Taste & See Creamery.

We all are looking forward to a restful summer and the start to another fresh school year in August



*Kaylie Aday*

*Ella Berg*

*Elise Hornang*

*Hailey Pebley*

*Lydia Anderson*

*Lexi Davainis*

*Alexis Johnstrow*

*Abigail Raftery*

*Isaac Baker*

*Emma Gaddy*

*Frankie Nigro*

*Sydney Schneider*

**Thank you to all the candidates who ran in this year's Student Government election.**  
Please welcome and congratulate our high school officers for the 2022-2023 school year!

# END OF YEAR ACTIVITIES!



6th grade was so excited to bring back our annual Ancient Civilizations Day. Students had fun rotating to six different stations that were themed to the various civilizations studied in history this year. The mummy wrap, Roman shields, hunting/gathering, and rock painting were some of the favorites this year. We cannot thank our parent volunteers enough that helped run the activities and donated their time and supplies to make this event a success.

Thank you and we look forward to next year!



Hear Ye, Hear Ye! In History, 7th graders recently enjoyed a royal gathering at the annual Medieval Day Celebration where noble knights and ladies participated in activities including jousting, archery, chess games, jewelry making, face painting, as well as mastering the fine art of juggling! Students also had an opportunity to climb out of "serfdom and up the feudal hierarchy" by researching and creating artifacts and crafts that were important to medieval culture. Students stitched costumes, built replica castles and weaponry, and created wall-sized banners emblazoned with a coat of arms or crest. In Language Arts, 7th graders wrapped up the school year reading the class-favorite novel, *The Outsiders*, by S.E. Hinton. They delved into the characters, plot, and theme while learning about societal conflict, redemption, and acceptance. For students, the culmination of both activities in History and Language Arts created lasting memories of their 7th grade year at U-Prep.





# SCIENCE BOWL 2022

In March, U-Prep won the regional science bowl competition attended by schools from the 10 northernmost counties in California. As a result, U-Prep competed in the National Science Bowl on Saturday May 21st. It was held virtually this year and our competitors zoomed in from U-Prep's campus. While the team didn't place, they had a strong showing and a lot of fun. It's going to be exciting to have 4 of the team members return next year as Seniors.

## MASC (Math & Science Club)

On Thursday May 19th, the Math and Science Club took a trip to the Planetarium and down to the Sacramento River. At the planetarium, students learned about gravity and black holes and participated in some relevant science demonstrations. After the planetarium show, the club walked down to the Sacramento River and up the River Trail to Salt Creek and did some water testing and collection and examination of Biological Samples. A fun and educational time was had by all.



## SENIOR BREAKFAST RETURNS

The junior class has a longstanding tradition of planning a special breakfast for graduating seniors and their families on the day of senior awards. This year juniors prepared themed tables to make it fun. Table themes ranged from television and movies, to sports, to a murder mystery experience. The event is intended to be a kind gesture of farewell to the seniors, but also a chance for the juniors to try and "one-up" the table decorations from the previous year.







STEVEN SCHUSTER - ATHLETIC DIRECTOR  
VICKI ADAY - ATHLETICS SECRETARY

PANTHERS

# ATHLETICS

## Junior High Track



U-Prep was so excited to have junior high track back after 3 years. We had 74 athletes compete in running, jumping, and throwing events. U-Prep was undefeated in all the mini meets and finals, even though they were not official league champions.

Congratulations to the following athletes for the records this season. Samantha Johnson (8) tied the high jump at 4'6". Rogue Cutler (6) broke the mile at 5:57:05. August Gilbert (6) broke the shot put record twice at 35'9". Jaycee Horst (6) broke the shot put record at 27'9.5"

Thank you to our captains Bella Stephenson, MJ O'Rourke, Samantha Johnson, Frankie Nigro, Carter Tyler, and Noah Gaddy. They did such an amazing job leading all of our athletes.

## Softball

If you see a Varsity Softball player, please give them a congratulations on a great season. U-Prep made playoffs for the first time in a long time; recently, the team played the #5 seed Yreka beating them 6-3. U-Prep was the last seed (#12) and it was definitely upset for Yreka and our first playoff win in program history. Shortly after that game, the team played another 7 innings and put up a good fight against the number #4 seed Lassen but fell short of winning to move on to the next round. It was a great season for the program and our future is looking so bright. It's a great day to be a Panther





STEVEN SCHUSTER - ATHLETIC DIRECTOR  
VICKI ADAY - ATHLETICS SECRETARY

# PANTHERS ATHLETICS

**the X YMCA** **ATHLETE OF THE WEEK**  
May 4, 2022  
Sponsored by: Shasta Family YMCA

**Mason Cassingham (U-Prep)**

U-Prep Junior Mason Cassingham led his team in two crucial victories against Yreka on Tuesday, April 26 and last Thursday. The wins over Yreka rose UPrep into third place in the Northern Athletic League. Cassingham, a switch hitter, belted a home run and went 2-for-4 with four RBIs to beat the Miners 8-6 in game two of the series last Thursday. He went 2-for-5 with an RBI on April 26 in game one and the Panthers won 13-9. Cassingham leads U-Prep with two home runs, 10 RBIs and is batting .412 this spring.

For information about membership or nominating your favorite Athlete of the Week call or visit:  
Shasta Family YMCA, 1155 N. Court St. Redding, CA 96001 (530) 246-9622  
[www.sfymca.org](http://www.sfymca.org)

**the X YMCA** **ATHLETE OF THE WEEK**  
May 18, 2022  
Sponsored by: Shasta Family YMCA

**Patrick Kremer (U-Prep)**

Kremer qualified for the CIF Northern Section Championships by winning the long jump and high jump at the section's Division II meet at Corning High School last Friday. His performance in both events were the highest marks for any track athlete in the section. Kremer crossed the high jump bar at 6 feet, 2 inches, which beat out Division I champion senior Connor Warren of Pleasant Valley by 2 inches. Kremer's long jump distance of 21 feet, 9.25 inches outmatched Division I long jump champion senior Noah Thomas of Pleasant Valley by 9 inches. The CIF Northern Section Track and Field Championships are this Friday at West Valley. Field events start at 3 p.m. Running events start at 6 p.m.

For information about membership or nominating your favorite Athlete of the Week call or visit:  
Shasta Family YMCA, 1155 N. Court St. Redding, CA 96001 (530) 246-9622  
[www.sfymca.org](http://www.sfymca.org)

## CROSS COUNTRY

Cross Country summer training is happening this summer. Contact Coach Bird for details at [kbird@suhsd.net](mailto:kbird@suhsd.net)

Cross Country Camp is August 3-6. See [uprepcc.com](http://uprepcc.com) for more information, or contact Coach Bird.





# College Quest 2022 College Fair

A Free Event at Simpson University

October 17, 2022 5:00-7:30pm

40+ Colleges &  
Universities

Career Pathway  
Information

Military Service  
Information

Financial Aid  
Workshop

Workshop  
Session  
5:30 pm

Career  
Exploration  
Information



## SAVE THE DATE



## 2022-2023 Bell Schedule

REGULAR DAY SCHEDULE				
ATTN: JUNIOR HIGH (6th-8th Grade) PARENTS NO ASAP PERIOD ON FRIDAYS - SCHOOL BEGINS AT 8:30AM				
6th & 7th Grade	2022-2023		8th Grade & High School	2022-2023
6th-7th ASAP	8:00-8:25		8th ASAP/**O.H.	8:00-8:25
Period 1	8:30-9:20		Period 1	8:30-9:20
Period 2	9:26-10:16		Period 2	9:26-10:16
Period 3	10:22-11:12		Period 3	10:22-11:12
*Period 4	11:18-12:13		*Period 4	11:18-12:13
LUNCH	12:13-12:43		Period 5	12:19-1:09
Period 5	12:49-1:39		LUNCH	1:09-1:39
Period 6	1:45-2:35		Period 6	1:45-2:35
Period 7	2:41-3:31		Period 7	2:41-3:31
*5 Minute Addition for Daily Bulletin				*5 Minute Addition for Daily Bulletin ** Denotes High School Office Hours, M-F
EARLY RELEASE DAY SCHEDULE				
ATTN: JUNIOR HIGH PARENTS NO ASAP PERIOD ON MONDAYS & FRIDAYS - SCHOOL BEGINS AT 8:30AM				
6th & 7th Grade	2022-2023		8th Grade & High School	2022-2023
Period 1	8:30-9:10		Period 1	8:30-9:10
Period 2	9:16-9:56		Period 2	9:16-9:56
Period 3	10:02-10:42		Period 3	10:02-10:42
*Period 4	10:48-11:33		*Period 4	10:48-11:33
LUNCH	11:33-12:03		Period 5	11:39-12:19
Period 5	12:09-12:49		LUNCH	12:19-12:49
Period 6	12:55-1:35		Period 6	12:55-1:35
Period 7	1:41-2:21		Period 7	1:41-2:21
*5 Minute Addition for Daily Bulletin				*5 Minute Addition for Daily Bulletin



## University Preparatory School 2022-23 School Calendar

July 2022						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

1st Quarter Ends: October 14 42  
 1st Semester Ends: December 21 42  
 3rd Quarter Ends: March 17 43  
 2nd Semester Ends: June 1 48

**Student Attendance Days (175)**

**Minimum Days**

**Finals**

August 2022						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September 2022						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2022						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2022						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2022						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2023						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March 2023						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April 2023						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

June 2023						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

**ACADEMIC CONFERENCES**  
 SEPT. 21-22, March 1-2

### HOLIDAYS/RECESSES

Labor Day ..... Sep 5  
 Veteran's Day Holiday ..... Nov 11  
*(by law must be Nov 11 if a weekday)*  
 Thanksgiving Break ..... Nov 21-25  
 Winter Break ..... Dec 22-Jan 9  
 Martin Luther King Day ..... Jan 16  
 Washington Day observed ..... Feb 20  
 Lincoln Day observed ..... Feb 21  
 President's Week ..... Feb 20 - 24  
 Spring Break ..... April 10-14  
 Memorial Day ..... May 29

*Thanksgiving - November 24*  
*Easter - April 9*

### CERTIFICATED DATES

School Starts: August 17  
 School Ends: June 1

Staff Work Days ○ Aug 12, 15  
 Dec 22  
 June 2

Staff Development Days △ Aug 16  
 Jan 9

Snow Day Makeup: June 2 Staff Day June 5